Student Guide
2021—2022
Introduction

Welcome to Insight +! If you are reading this, then hopefully you are interested in finding out more about the Insight + programme. You will find information about what the Insight + programme entails and how to apply. If you have any further questions or would like any extra information, please don’t hesitate to get in touch with the Insight + team. You can find our contact details on the back page of the guide.

The Insight + Team
What is Insight +?
Insight + is a programme run by the Widening Participation Team at Cambridge University to support sixth form students in Cambridgeshire and West Norfolk to make a competitive application to selective higher education institutions. We support you academically and also provide you with information, advice and guidance about applying to University. There is no cost to participate in the programme.

Why should I do Insight +?
Insight + will give you the chance to build your confidence in the subjects that you are studying at A-Level to help you to secure the grades that you need to meet the entrance requirements of a selective university. You will develop your academic skills by independently extending your knowledge beyond the classroom and you will be able to demonstrate your commitment to your studies. You will work alongside other A-Level students attending different schools and interact with current University students.
What type of thing would I be doing on Insight +?

Participants on Insight + will be offered two blocks of tutoring in one of their A-Level subjects, the first starting in May 2021 and the second starting in February 2022. This tutoring will take place online in collaboration with our partners MyTutor. Your tutors will be well qualified University students and will allow you to work at your own pace on a time and a day that suit you.

Subject to local restrictions and guidelines, we will invite you to come to Cambridge for a residential in August 2021 and April 2022 where we will spend time with you working on your personal statements, helping you choose courses and institutions that you want to apply for, giving you information about student finance and also helping you with revision skills and exam techniques to support you in your A-Levels.

In addition you will be assigned a mentor who is a current University student or a recent graduate to help guide you through the process of applying to University and to answer any questions you have about University life.
“I have found Insight + to be extremely helpful, and the support has been amazing!”

Insight + Participant 2019—2020
Provisional Timeline for Insight + 2020/2021

- Sunday 7th March 2021 - Applications to join Insight + close
- Friday 16th April 2021 - Online Launch Event
- May 2021 - Tutoring Block 1 begins
- July 2021 - Mentoring begins
- 27th and 28th August 2021 - Summer Residential
- December 2021 - Mentoring ends
- February 2022 - Tutoring Block 2 starts
- April 2022 - Easter Residential
“The best thing about Insight+ is that it gives you access, in all its forms. On a basic academic level, Insight+ gives you access to resources that would otherwise be unavailable, either due to financing or awareness that they existed”

Insight + Participant 2018—2019
Who can apply for Insight +?
Anyone who is Year 12 and attends a state-maintained school in Cambridgeshire or West Norfolk can apply. In order to be eligible for the programme you must be on track to achieve at least a grade B in your chosen subject strand(s) and meet at least one of our eligibility criteria further details of which can be found on the website.

www.undergraduate.study.cam.ac.uk/find-out-more/widening-participation/insight-plus

What are we looking for?
We are looking for highly-motivated Year 12 students who are willing to commit fully to the programme. We are looking for students who aren’t afraid of a challenge and are willing to expose themselves to new situations.

How do I apply?
You can apply for Insight + by filling out the online application form. Please note you will need a teacher at your school to act as your referee to support your application.

The online application form can be found here
FAQ

Is Insight + only for students who are interested in applying to Cambridge or Oxford?
Absolutely not! Insight + is for any students interested in applying to research intensive universities.

I am only predicted a B for one of my subjects. Can I still apply?
Yes, as long as it is in the subject strand you want to apply for.

How many subject strands can I sign up for?
As long as you are predicted a B in the subject, you can sign up for as many subject strands as you like!

How much does the programme cost?
The programme is free to all participants.
“I would not be where I am without Insight +, and I will be forever grateful for that ...”

Insight + Participant 2018—2019